

## Heartland Nutri Cookies

### Ingredients

1 cup soft margarine  
1 cup brown sugar  
2 eggs  
1/8 cup buttermilk  
1 cup all-purpose flour  
1 cup whole wheat flour  
2 cups oatmeal  
1/3 cup bran  
1 tsp baking soda  
1 tsp baking powder  
3/4 cup chocolate chips  
1/4 cup slivered almonds  
1/4 cup pecans  
1/4 cup sunflower seeds



### Directions

Cream margarine and sugar together until light and fluffy.  
Add eggs one at a time and continue mixing.  
Add buttermilk and then all dry ingredients, mixing well.  
Form into 4 oz balls and flatten to 1/2" and space 1-1/2" apart.  
Bake at 325° F for 15-20 minutes.  
Makes 16 large cookies.

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